



The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005

Mississippi

All statistics are based on parental reports.

National %	State %	
14.8	17.8	Percent of children who are overweight
21.9	25.6	Age 10-11
14.4	19.4	Age 12-14
10.7	11.5	Age 15-17
22.4	22.3	0-99% Federal poverty level
19.0	18.4	100-199% Federal poverty level
13.7	16.1	200-399% Federal poverty level
9.1	9.1	400% Federal poverty level or more
18.1	20.4	Male
11.5	15.3	Female
		Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week
71.3	69.4	
78.2	78.6	Age 10-11
74.2	72.0	Age 12-14
63.3	61.0	Age 15-17
76.8	76.0	Male
65.6	62.8	Female
		Percent of children who were on a sports team or took sports lessons during the past 12 months
58.6	48.9	
61.5	56.5	Age 10-11
61.6	46.7	Age 12-14
53.4	46.4	Age 15-17
62.1	56.7	Male
55.0	41.0	Female
72.9	68.1	Percent of children with at least one parent who exercises regularly